

**DR. BHANUDAS DERE AYURVED MAHAVIDYALAYA, KARHE.**

**TRANSITIONAL CURRICULUM**

**Student coordinator – Bansode Niranjana/ Jejurkar Akshada**

Day	Time	Topic	Allotted Speaker Mob No.	Allotted Teachers & Students
1 <sup>st</sup> Day & Date 03/12/2025 Wednesday	9.15 AM – 10.45 AM	Interaction with parents & students <i>Shishyopanayan Samskara</i> By Dr. Sonal Wagh <i>Pradhanacharya</i> (Principal)		Second New
2 <sup>nd</sup> Day & Date 04/12/2025 Thursday	9 AM – 10 AM	Pre Test and Departmental visit	Dr. Nitin Jadhav	1) Bansode Niranjana 2) Akshada Jejurkar
	10 AM – 11 AM	Know your syllabus	Dr. Vinod Dhawale	
	11 AM – 12 PM	Language (Vadatu Sanskritam)	Mrs. Leena Gosavi	
	12 PM – 1 PM	Yoga & Meditation	Dr. Yogini Biyani	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Biodiversity & ASU	Dr. Arathi Chandran JL	
	3 PM – 4 PM	Games & Activities	Dr. Geeta Muluk	
3 <sup>rd</sup> day & Date 05/12/2025 Friday	9 AM – 10 AM	Clinical Exposure Basic Life Support & First Aid	Dr. Sunil Solanke	1) Kajal Karkile 2) Omraj Dike
	10 AM – 11 AM	Opportunities Ayurveda	Dr. Nitin Jadhav	
	11 AM – 12 PM	Lecture by eminent Pharmacist	Dr. Gaurav Mahale	
	12 PM – 1 PM	Sanskrit Language (Vadatu Sanskritam)	Mrs. Leena Gosavi	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Stress Management & Capacity Building	Dr. Sanjivani Kadam	
	3 PM – 4 PM	Videos related to AYUSH		
4 <sup>th</sup> day & Date 08/12/2025 Monday	9 AM – 10 AM	History, philosophy & concepts of ASU	Dr. Pooja Pande	1) Samrudhhi Mahadik 2) Nandkumar Surnar
	10 AM – 11 AM	Basic of Prakriti Pariksha	Dr. Priyanka Kasar	
	11 AM – 12 PM	Sanskrit Language (Vadatu Sanskritam)	Mrs. Leena Gosavi	
	12 PM – 1 PM	Role of ASU in public health	Dr. Vaibhav Bhadage	
	1 PM - 2 PM	Recent advances in ASU	Dr. Arathi Chandran JL	
	2 PM – 3 PM	Clinical Exposure	Dr. Ketan Deshmukh	
	3 PM – 4 PM	Games & Activities	Dr. Nitin Jadhav	
5 <sup>th</sup> day & Date 09/12/2025 Tuesday	9 AM – 10 AM	Role & impact of Physician in the society	Dr. Vinod Sandanshiv	1) Snehal Nawale
	10 AM – 11 AM	Dincharya	Dr. Shreya Satkar	
	11 AM – 12 PM	Sanskrit Language (Vadatu Sanskritam)	Mrs. Leena Gosavi	

	12 PM – 1 PM	Procedure for Electives	Dr. Prajkta Bodake	2) Karan Rajput
	1 PM - 2 PM	Lunch		
	3 PM – 6 PM	Clinical Exposure	Dr. Swati Morade	
6 <sup>th</sup> day & Date 10/12/2025 Wednesday	9 AM – 10 AM	Dosh and Dosh vikruti	Dr. Surekha Vadalkar	1) Nilesh Jadhav 2) Shivani yele
	10 AM – 11 AM	Introduction of Modern Medicine	Dr. Vinayak Darunte	
	11 AM – 12 PM	Vadatu Sanskritam	Mrs. Leena Gosavi	
	12 PM – 1 PM	Computer Skills	Mr. Vikas Gunjal	
	1 PM - 2 PM	Lunch		
	2 PM – 4 PM	Lecture by eminent person	Dr. Wagh Sonal Principal Mob No.9960212188	
7 <sup>th</sup> Day & Date 11/12/2025 Thursday	9 AM – 10 AM	Comprehend learning Pedagogy	Dr. Walunj Manisha	1) Abhijeet Pandhare 2) Soham kawade
	10 AM – 11 AM	Understanding Process of Group Learning & Group Dynamics		
	11 AM – 12 PM	(Vadatu Sanskritam)	Mrs. Leena Gosavi	
	12 PM – 1 PM	Understanding method of self- learning& collaboration	Dr. Vaibhav Bhadage	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Discussion ,debate ,Tasks	Dr. Mahale Gaurav	
	3 PM – 4 PM	Clinical Exposure	Dr. Vinayak Darunte	
8 <sup>th</sup> Day & Date 12/12/2025 Friday	9 AM – 10 AM	Language Vadatu samskritam	Mrs. Leena Gosavi	1) Bansode Niranjana 2) Akshada Jejurkar
	10 AM – 11 AM	Motivational Speech by eminent person of ASU	Dr. Vaidya Nilam	
	11 AM – 12 PM	Feedback by the students	Dr. Geeta Muluk	
	12 PM – 1 PM	Discussion, debate, Tasks	Dr. Monika Ekhande	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Language Vadatu samskritam	Mrs. Leena Gosavi	
	3 PM – 4 PM	Motivational Speech by eminent person of ASU	Dr. Shrikant Mutrak	
9 <sup>th</sup> Day & Date 13/12/2025 Saturday	9 AM – 10 AM	Communicative English	Dr. Nitin Jadhav	1)Abhijeet Pandhare 2) Soham kawade
	10 AM – 11 AM	Biodiversity and ASU	Dr. Redkar Vinayak	
	11 AM – 12 PM	Language. Vadatu Samskritam	Mrs. Leena Gosavi	
	12 PM – 1 PM	Yoga and Meditation	Dr. Yogini Biyani	
	1 PM - 2 PM	Lunch		

	2 PM – 3 PM	Lecture from eminent person in ASU	Dr. Bhavesh Bhupal	
	3 PM – 4 PM	Games and Activities	Dr. Sanjivani Kadam	
10 <sup>th</sup> Day & Date 15/12/2025 Monday	9 AM – 10 AM	Communicative English	Dr. Pooja Pande	1) Nilesh Jadhav
	10 AM – 11 AM	Know your syllabus, lectures by HOD	Dr. Surekha Wadalkar	2) Shivani yele
	11 AM – 12 PM	Language. Vadatu samskritam	Mrs. Leena Gosavi	
	12 PM – 1 PM	Yoga Practice and relaxation Techniques	Dr. Yogini Biyani	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Computer skills	Mr. Viksa Gunjal	
	3 PM – 4 PM	Games and Activities	Dr. Shreya Satkar	
11 <sup>th</sup> Day & Date 16/12/2025 Tuesday	9 AM – 10 AM	Language Vadatu samskritam	Mrs. Leena Gosavi	1) Samrudhhi Mahadik
	10 AM – 11 AM	National Health Status, Goals and Policies	Dr. Prajakta Bodake	2) Nandkumar Surnar
	11 AM – 12 PM	Lecture by eminent Pharmaceutical industrialist/ Researcher/ Educationist etc.	Dr. Bhavesh Bhupal	
	12 PM – 1 PM	Stress management and Capacity building to address medical challenges	Dr. Monika Ekhande	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Stress management and Capacity building to address medical challenges	Dr. Redkar Vinayak	
	3 PM – 4 PM	Videos related to AYUSH		
12 <sup>th</sup> Day & Date 17/12/2025 Wednesday	9 AM – 10 AM	Language Vadatu samskritam	Mrs. Leena Gosavi	1) Samrudhhi Mahadik
	10 AM – 11 AM	Motivational Speech by eminent person of ASU	Dr. Shrikant Mutrak	2) Nandkumar Surnar
	11 AM – 12 PM	Lunch		
	12 PM – 1 PM	Discussion, debate, Tasks	Dr. Vaibhav Bhadage	
	1 PM - 2 PM	Feedback by the students	Dr. Monika Ekhande	
	2 PM – 3 PM	Importance of Diet in ASU	Dr. Priyanka Kasar	
	3 PM – 4 PM	Personal Health & Hygiene (Dinacharya)	Dr. Bhavesh Bhupal	

13 <sup>th</sup> Day & Date 18/12/2025 Thursday	9 AM – 10 AM	Communicating English	Dr. Redkar Vinayak	1) Kajal Karkile
	10 AM – 11 AM	Understanding interpersonal relationship in a health care team	Dr. Shrikant Mutrak	2) Omraj Dike
	11 AM – 12 PM	Understanding the role of mentoring	Dr. Priyanka Kasar	
	12 PM – 1 PM	Comprehend the learning Pedagogy and the role in learning skills	Dr. Bhavesh Bhupal	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Understanding the process of group learning and group dynamics	Dr. Priyanka Kasar	
	3 PM – 4 PM	Understanding different methods of self-learning and collaborative learning	Dr. Prajakta Bodake	
14 <sup>th</sup> Day & Date 19/12/2025 Friday	9 AM – 10 AM	Computer skills	Mr. Vikas Gunjal	1) Nilesh Jadhav
	10 AM – 11 AM	Know your syllabus, lectures by HOD	Dr. Nitin Jadhav	2) Shivani yele
	11 AM – 12 PM	Language. Vadatu samskritam	Mrs. Leena Gosavi	
	12 PM – 1 PM	Yoga Practice and relaxation Techniques	Dr. Yogini Biyani	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Time management	Dr. Priyanka Kasar	
	3 PM – 4 PM	Games and Activities	Mrs. Leena Gosavi	
15 <sup>th</sup> Day & Date 22/12/2025 Monday	9 AM – 4 PM	Field visit to other institutions, eminent practitioners, AYUSH hospitals / dispensaries, Pharmaceuticals and other institutions and Post Test.	Dr. Gaurav Mahale	1) Bansode Niranjana 2) Akshada Jejurkar